

## **EYELID LIFTS MINIMALLY-INVASIVE BROW AND FOREHEAD REJUVENATION**

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### **EYELID LIFTS**

Age-related changes in the skin around the eyes include laxity of the skin, puffiness beneath the eyes, and a noticeable tear-trough. The purpose of eyelid lifts is to correct these undesirable features. Treatment of the upper eyelids can be performed either under general anesthesia or as an office procedure using local anesthesia. The excess skin of the upper eyelid is removed using small incisions that leave essentially no visible scar lines.

The lower eyelids are usually treated under general anesthesia. The incisions are placed on posterior surface of the eyelid so there are no incisions on the visible surface of the skin. An additional small incision may be necessary on the skin if there is a large amount of skin laxity. The fatty tissue underneath the skin is what gives the eyelid a puffy appearance. This tissue is sometimes removed and sometimes just re-positioned to eliminate the tear-trough and improve the puffiness at the same time.

Recovery after an eyelid lift is fairly quick. As one might expect, there is some bruising and mild swelling for the first few days that gradually improves over the next 1-2 weeks. The end result is a more youthful, rejuvenated look that can inspire confidence and energize the spirit.

### **MINIMALLY-INVASIVE BROW AND FOREHEAD REJUVENATION**

The forehead and brow should not be overlooked in those who desire rejuvenation of the face. The brow often sags downward with the effects of aging. Horizontal and vertical forehead creases also become more prominent as we age. With minimally invasive brow and forehead rejuvenation these unwanted changes can be corrected.

The procedure is performed under anesthesia in the operating suite. Four small incisions are made behind the hairline. An endoscopic camera is used for visualization as the soft tissue layers of the forehead are mobilized and suspended upwards. The minimally-invasive approach allows for decreased post-operative pain and swelling and faster recovery times. The final result is a smoother, younger-looking brow and forehead that can take ten years off of the appearance of the upper face. The effects usually last for years to come.