

## **Post-Operative Instructions for Ear Surgery**

- Take your prescription medications as directed. If you have only mild pain you may take regular Tylenol but do not combine this with the prescription because the prescription pain medication also contains Tylenol.
- Keep dressing in place for 24 hours. Then remove the dressing and the cotton ball from the outer portion of the ear canal. Leave the packing material in place in the inner portion of the ear canal.
- You should be given a bottle of antibiotic ear drops. Apply the ear drops on top of the packing material in the ear canal after the dressing is removed.
- You should have a follow-up appointment in one week for removal of sutures and examination of the ear.
- Your hearing will initially be the same or possibly worse than before the surgery because of packing material in the ear canal and behind the eardrum.
- It is normal to have some bloody drainage from the ear canal for about 2 weeks after surgery.
- Do not take Aspirin or ibuprofen because they can cause bleeding.
- Keep water out of the ear canal for 2 months with cotton ball and Vaseline, or until your doctor tells you that the eardrum is healed.
- Call the office if you have any of the following:
  - Severe dizziness
  - Nausea and vomiting that lasts more than 8 hours after surgery
  - Severe bleeding
  - Any other concerns that are not listed above.
- Our office number is (972)253-4250